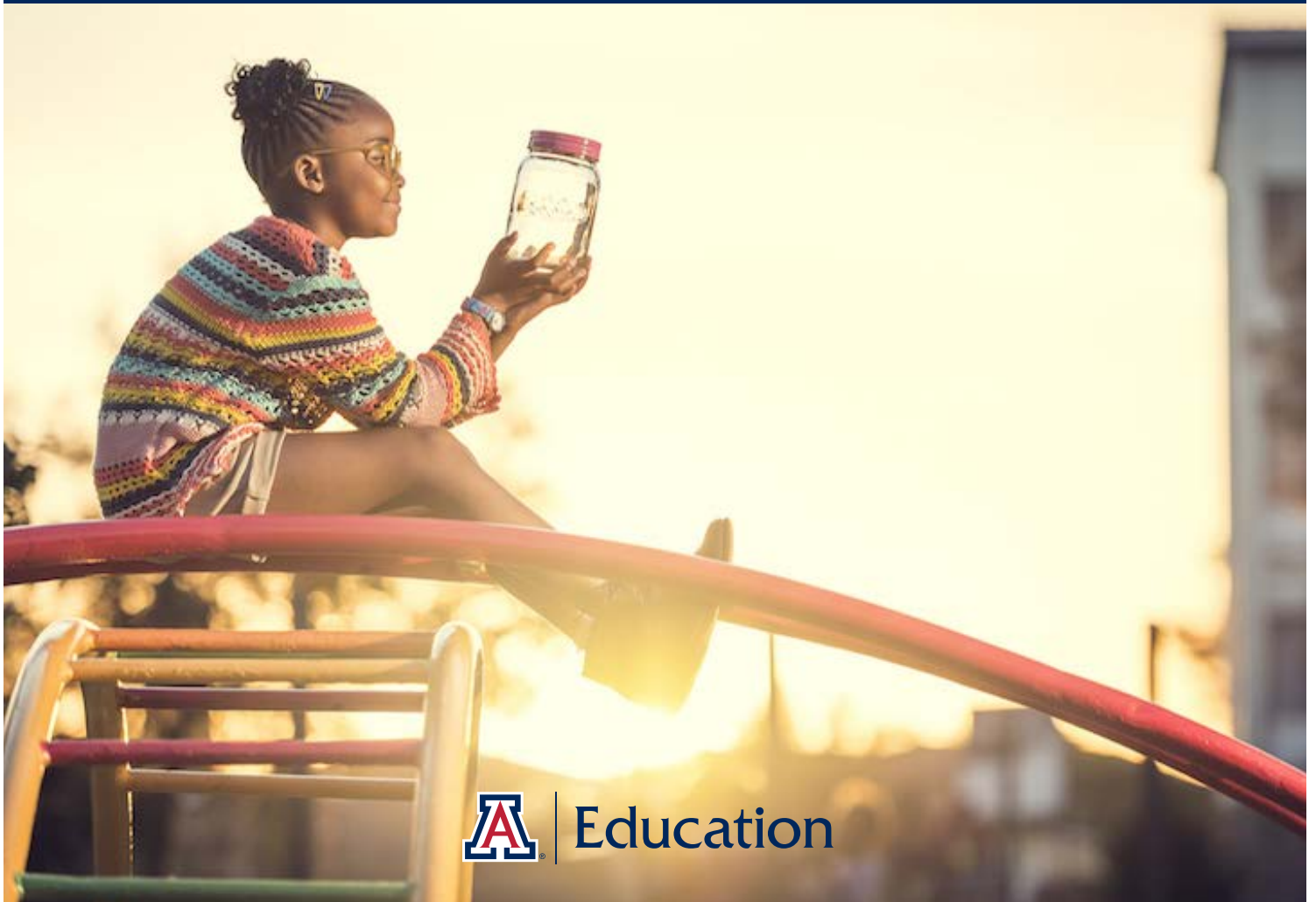


Ready to turn your **PASSION** for parks,  
recreation, or sports into a **CAREER**?



A minor in

# Recreation and Sport

## in Communities, Parks, and Schools

is what you're searching for

This minor is a great way to not only gain applied skills in programming and administration, but also learn important theory and sociocultural context related to public and nonprofit settings of sport and recreation. Students will learn about the benefits that recreation activities and sport participation bring individuals of all ages.

18 credit hours

Available in person and via UA Online

Research shows some of the most powerful learning and developmental experiences happen while playing a sport, when exploring nature and parks, and visiting the theater or museum.



*“ The minor has given me the opportunity to look critically at different ways sports are programmed for both youth and adults. I have learned ways to make even basic physical education a time for teaching personal and social responsibility. ”*

— Student James Burton

The employment outlook in the field of recreation and sport is very bright. Job opportunities within the recreation and amateur sport fields continue to strengthen, as the U.S. Department of Labor projects these professions will be some of the fastest growing job opportunities in the near future. This is especially true in a state like Arizona.

The recreation and sport in communities, parks, and schools minor will prepare students to provide quality recreation experiences and services in a wide-variety of roles including

- ▶ **Coach or athletic director for middle and high school athletic departments**
- ▶ **Program coordinator for municipal parks and recreation agencies**
- ▶ **Intramural director for university campus recreation**
- ▶ **Recreation administrator for community sports**
- ▶ **Camp administrator for youth camps**
- ▶ **Educational specialist for state and national parks**

# CAREERS



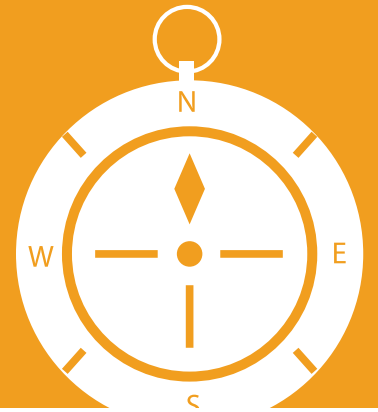
You will gain hands-on experience and training in a relevant organization. Students may complete multiple internships worth varying amount of credit. Up to 6 internship credits may be used toward the completion of this minor. Community organizations where internship opportunities are available include

- ▶ **Cooper Center for Environmental Learning**
- ▶ **UA Campus Recreation**
- ▶ **Tucson Parks and Recreation**
- ▶ **Arizona State and National Park Service**
- ▶ **Middle and High School Athletic Departments**
- ▶ **UA Adaptive Sports Program (Disability Resource Center)**
- ▶ **Reid Park Zoo and Arizona Sonora Desert Museum**

# INTERNSHIPS



# REQUIRED COURSES (12 credits)



## **TLS 353 Recreation and Leisure in Contemporary Society (3 credits)**

This course will comprehensively explore the conceptual foundations of leisure, recreation, sport and play, and the relationships of these ideas to contemporary professional, environmental, and social problems.

## **TLS 354 Administration in Recreation, Community, and Non-Profit Organizations (3 credits)**

This course will survey key administration, leadership, and management principles and practices in public and non-profit agencies providing recreation programs and services.

## **TLS 355 Planning Community Events and Recreation Programs (3 credits)**

This course will examine event planning and programming techniques that broadly apply to a variety of fields (including recreation, sport, education, non-profit, and community sectors) and students will develop related “real-world” skills through the development and execution of their own unique recreational events.

PLUS AT LEAST  
ONE OF THE  
FOLLOWING



**4A. TLS 356 Sports, Adolescents, and School** (3 credits)

This course will encourage students to think critically about sport in school settings and explores

- ▶ The economic, political, and sociocultural forces that affect sport in schools
- ▶ How sport in schools shapes individual and collective values
- ▶ How participation in sport during adolescence influences the development of identity along the lines of gender, class, and race

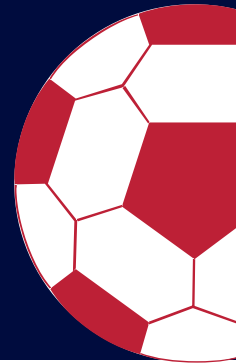
**4B. TLS 358 Theory and Practice of Coaching** (3 credits)

This course will explore the sociocultural context of coaching in the United States and look at trends in coaching across time. Students will develop personal coaching philosophies and a comprehensive handbook by the end of the semester. Other topics include

- ▶ Coach-athlete relationships
- ▶ Motivational factors
- ▶ Leadership styles
- ▶ “Off-the-field” matters
- ▶ Preparation, planning, and organization
- ▶ Inclusivity and issues related to diversity
- ▶ Risk management
- ▶ Discipline
- ▶ Team captains and team dynamics



# ELECTIVE COURSES



- TLS 200 Sustainability and Education** (3 credits)
- TLS 201 Using Physical Activity to Explore the Human Body** (3 credits)
- TLS 352 Developing Adolescent Personal & Social Responsibility Using Physical Activity** (3 credits)
- TLS 356 Sports, Adolescents and School** (3 credits)
- TLS 358 Theory and Practice of Coaching** (3 credits)
- TLS 360 Functional Kinesiology** (3 credits)
- TLS 373 Inclusive Physical Activity Programming for Diverse & Special Populations** (3 credits)
- TLS 393 - Internship** (3-6 credits)
- TLS 431 - Environmental Learning** (3 credits)
- TLS 460 Education & Sustainability** (3 credits)
- RNR 448 Conservation Planning & Wildland Recreation** (3 credits)
- ENVS 497F Community and School Garden Workshop** (3 credits)
- MGMT 351 Sports Administration and Planning** (3 credits)
- SOC 302 Sport and Society** (3 credits)
- SOC 304 Race, Class, Gender and Sports** (3 credits)





THE UNIVERSITY OF ARIZONA  
**College of Education**

[coe.arizona.edu](http://coe.arizona.edu)  
[coe-edadvise@email.arizona.edu](mailto:coe-edadvise@email.arizona.edu)  
520-621-7865

1430 E. 2nd Street  
P.O. Box 210069  
Tucson, AZ 85721

# CONTACT US

