

SERP 545 Psychosocial, Cultural, & Familial Diversity



Semester/Term: Spring 2021
Credit Hours: 3
Meeting Days/Time/Location:

Instructor Information

Instructor:
Office Building & Room Number:
Email:
Office Phone:
Office Hours: M
Preferred Method of Communication:

Course Description

Individual, family, and community diversity are examined in relation to working with community agencies, individual counseling, and small group facilitation. Culture and diversity are fundamental elements of human experience and development. These concepts play an integral role in a counselor's ability to understand the point of view and experience of the client. Counselors play a role in addressing issues related to social justice, and advocating for individuals who do not have full access to the opportunities in society to fully grow, develop, and pursue their goals and interests.

Course Content

In this course students will learn about latest approaches to multicultural counseling, including racial, ethnic and gender identities development. Further, students will be exposed to various multicultural competencies, including LGBTQ, and disabilities competencies. Students will become aware of their own biases and explore their state of privilege and learn how to transform such into their advocacy work for marginalized populations.

Course Textbooks

Chemerinsky, E. & Gillman, H. (2017). *Free Speech on Campus*. New Haven: Yale University Press.

Sue, D. W., Sue, D., Neville, H. A., & Smith, L (2019). *Counseling the Culturally Diverse: Theory & Practice*. 8th edition, Wiley, Hoboken, NJ

Additional readings in D2L

Methods of Instruction

Lectures online (D2L & Zoom)
Discussion online (D2L & Zoom)
Videos (D2L)
Guest Speakers (Zoom)
Presentations (D2L & Zoom)

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CACREP Standards 2016

- 2.F.2.a. multicultural and pluralistic characteristics within and among diverse groups nationally and internationally
- 2.F.2.b. theories and models of multicultural counseling, cultural identity development, and social justice and advocacy
- 2.F.2.c. multicultural counseling competencies
- 2.F.2.d. the impact of heritage, attitudes, beliefs, understandings, and acculturative experiences on an individual's views of others
- 2.F.2.e. the effects of power and privilege for counselors and clients
- 2.F.2.f. help-seeking behaviors of diverse clients
- 2.F.2.g. the impact of spiritual beliefs on clients' and counselors' worldviews
- 2.F.2.h. strategies for identifying and eliminating barriers, prejudices, and processes of intentional and unintentional oppression and discrimination

Knowledge & Skills Outcomes - Learning Objectives

1. Students will be able to identify and discuss the different theories and models related to multicultural counseling, cultural identity development, social justice, and advocacy.
2. Students will be able to describe counseling competencies related to working with diverse populations.
3. Students will develop critical thinking skills to enhance their ability to understand and process multicultural issues in clinical and social settings.
4. Students will engage in a process of self-discovery to understand their own cultural development within the context of society.

Key Performance Indicator - KPI

KPI #2

Social and Cultural Diversity: Students will recognize and describe the impact of social, economic, multicultural factors, and social justice advocacy on counseling by effectively demonstrating multicultural competencies in various counseling settings and counseling modalities as described by CACREP's common core:

Student Performance Evaluation Criteria and Procedure

Counseling Skills	CACREP Standards	Assignments	Evaluation Outcome
KPI #	2.F.2.a; 2.F.2.c; 2.F.2.d; 2.F.2.e; 2.F.2.g; 2.F.2.h	Self-Reflection Final Self-Reflection Panel Discussions Hate Speech Project	Minimum of 80% or better

Course Requirements

Listed is the key assignment for this course. While the assignment CAN NOT be removed or modified, you may add any additional assignments you see fit.

Key Course Assignments

Assignment	Relevant CACREP Standards
Multicultural Interview Analysis Paper	2.F.2.a; 2.F.2.c; 2.F.2.d; 2.F.2.e; 2.F.2.g; 2.F.2.h

Additional Course Assignments

1. **Presentation: Racial, Ethic & Cultural Identity Development-100 points (20 %)** – Starting in Week 3, students will choose one identity development model and present on it in class (zoom class). This is a group project 3-4 students. Details on D2L.
2. **Self-Reflection Journal – 100 points (10%)** – Students will reflect on their culture and intersectionality. Details on D2L Due 3/2/21
3. **Multicultural Interview Analysis Paper – 100 points (20%)** – Each student will write a self-reflection paper for the end of semester. An assignment description will provide details. Due 4/20/21
4. **Case Study – How to Deal with Hate Speech – 24 points (10%)** – Each student will work with members of a small group to produce a document that discusses the issues involved in hate speech, with a suggested plan for addressing this issue.
5. **Participation and D2L activities (20%). Discussion (10 points), Reflections (10 points) & Summaries (10 points):** Students attendance during the zoom class and participation during the week with no zoom class is necessary. Students will be expected to share and submit their activities (written) via D2L during the weeks with no zoom classes scheduled. Such activities will be always posted on D2l in assignment section for that given week. They will be various summaries, reflections, & discussions.
6. **Final Exam-100 points (20%)** – a combination of multiple choice, true false and short answers via EXAMITY.

Course Grading

Grades	Percentage
A	90-100%
B	80-89%
C	70-79%
D	60-69%
E	Below 60%

Because no +/- are earned, grades will not be rounded. For example, 89.5% is a B.

University Policies

Please go to the following link to become familiar with University of Arizona policies pertaining to on-going courses: <https://academicaffairs.arizona.edu/syllabus-policies>

The link covers policies in the areas of:

- Class Attendance
- Participation

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- Administrative Drops
- Absences
- Threatening Behavior
- Accessibility and Accommodations
- Code of Academic Integrity
- Nondiscrimination and Anti-Harassment
- Subject to Change Notice

Subject to Change Notice

Information contained in the course syllabus, other than the grade and absence policies, may be subject to change with reasonable advance notice, as deemed appropriate by the instructor of this course.

Tentative Course Schedule

Topics and schedule subject to change with appropriate notice.

Date	Class Content	Readings	Assignments Due
Week 1 1/19/21	Multicultural Counseling and Therapy Racial, Ethnic, Cultural Identity Attitudes in People of Color	Chapter 2 Chapter 11	Zoom Class FRAME activity in class & RFRAME eflection on D2L
Week 2 1/26/21	The Political & Social Justice Implications of Counseling & Psychotherapy White Racial Identity Development	Chapter 4 Chapter 12	D2L Activity: ADDRESSING MODEL & The Giraffe and Elephant Reflection
Week 3 2/2/21	The Impact of Systemic Oppression within the Counseling Process: Client worldviews & Counselor Credibility Counseling African Americans	Chapter 5 Chapter 14	Zoom Class Values Identification
Week 4 2/9/21	Obstacles to Developing Multicultural Competence & Cultural Humility Microaggressions in Counseling & Psychotherapy	Chapter 1 & 6	D2L Activity: Implicit bias test
Week 5 2/16/21	Multicultural Counseling Competence for Counselors of Marginalized Groups	Chapter 3	Zoom Class

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	Counseling American Indians/Native Americans and Alaska Natives	Chapter 15	
Week 6 2/23/21	Multicultural Barriers and the Helping Professional: The Individual Interplay of Cultural Perspectives Counseling Multiracial Populations	Chapter 7 Chapter 18	D2L Activity
Week 7 3/2/21	Communication Style and Its Impact on Counseling Counseling Asian Americans & Pacific Islanders	Chapter 8 Chapter 16	Journal DUE Zoom Class
Week 8 3/9/21	University READING DAY Culturally Competent Assessment	No class – Reading on D2L Chapter 13	D2L Activity TBD
Week 9 3/16/21	SELF-CARE WEEK	No Class – No Reading	
Week 10 3/23/21	Multicultural Evidenced-Based Practice Counseling Latinx Population	Chapter 9 Chapter 17	Zoom Class
Week 11 3/30/21	Non-Western Indigenous Methods of Healing, Spirituality and Religion Counseling Immigrants & Refugees	Chapter 10 Chapter 20	D2L Activity TBD
Week 12 4/6/21	Counseling Arab & Muslim Americans Counseling LGBTQ Population	Chapter 19 Chapter 23	Zoom Class
Week 13 4/13/21	Acculturation	Articles on D2L	D2L Activity Case Study: Hate Speech
Week 14 4/20/21	Counseling Jewish Americans Counseling Individuals with Disabilities	Chapter 21 Chapter 22	Zoom Class Multicultural Interview Analysis Paper Due

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Week 15 4/27/21	Counseling Women	Chapter 26	D2L Activity TBD
Week 16 5/4/21	Counseling Older Adults Counseling Individual Living in Poverty	Chapter 24 Chapter 25	Zoom Class FINAL EXAM