Recreation and Sport in Communities, Parks and Schools
College of Education (18 credit hours total; available through Main & Arizona Online Campuses)

Required courses (12 credits):
1. TLS 353 - Recreation and Leisure in Contemporary Society (3 credits)
   • This course will comprehensively explore the conceptual foundations of leisure, recreation, sport and play and the relationships of these ideas to contemporary professional, environmental, and social problems.
2. TLS 354 - Administration in Recreation, Community, & Non-Profit Organizations (3 credits)
   • This course will survey key administration, leadership and management principles and practices in public and non-profit agencies providing recreation programs and services.
3. TLS 355 - Planning Community Events and Recreation Programs (3 credits)
   • This course will examine event planning and programming techniques that broadly apply to a variety of fields (including recreation, sport, education, non-profit and community sectors) and students will develop related “real-world” skills through the development and execution of their own unique recreational events.

AND choose (at least) ONE of the following:
4A. TLS 356 - Sports, Adolescents and School (3 credits)
   • This course will encourage students to think critically about sport in school settings. It explores a) the economic, political, and socio-cultural forces that affect sport in schools; b) how sport in schools shapes individual and collective values; c) how participation in sport during adolescence influences the development of identity along the lines of gender, class, and race.

4B. TLS 358 - Theory and Practice of Coaching (3 credits)
   • This course will explore the sociocultural context of coaching in the United States and look at trends in coaching across time. Other topics to be covered include: (a) coach/athlete relationships, (b) motivational factors, (c) leadership styles, (d) “off-the-field” matters, (e) preparation, planning and organization, (f) inclusivity and issues related to diversity, (g) risk management, (h) discipline, and (i) team captains and team dynamics. Students will develop personal coaching philosophies and a comprehensive handbook by the end of the semester.

Plus, choose at least TWO of the following elective courses (6 credits minimum):

- TLS 150B1 - Sport, Leisure, and Consumer Culture (3)
- TLS 200 - Sustainability and Education (3)
- TLS 201 - Using Physical Activity to Explore the Human Body (3)
- TLS 331 - National Parks, Museums, and Zoos: America’s Largest Classrooms (3)
- TLS 352 - Developing Adolescent Personal & Social Responsibility Using Physical Activity (3)
- TLS 356 - Sports, Adolescents and School (3)
- TLS 358 - Theory and Practice of Coaching (3)
- TLS 359 - Power of Parks (3)
- TLS 360 - Functional Kinesiology (3)
- TLS 373 - Inclusive Physical Activity Programming for Diverse & Special Populations (3)
- TLS 393 - Internship (3-6)
- TLS 431 - Environmental Learning (3)
- TLS 460 - Education & Sustainability (3)
- TLS 497F - Community and School Garden Workshop (2-6)
- MGMT 351 - Sports Administration and Planning (3) - Prerequisite: ECON 200 and (ACCT 200 or ACCT 250)
- RNR 448 - Conservation Planning & Wildland Recreation (3)
- SOC 302 - Sport and Society (3)
- SOC 304 - Race, Class, Gender and Sports (3)
- MGMT 351 - Sports Administration and Planning (3) - Prerequisite: ECON 200 and (ACCT 200 or ACCT 250)
- RNR 448 - Conservation Planning & Wildland Recreation (3)
- SOC 302 - Sport and Society (3)
- SOC 304 - Race, Class, Gender and Sports (3)

*For more information or to coordinate an internship experience for students in this minor, contact Matt Ostermeyer*

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