Recreation and Sport in Communities, Parks and Schools
College of Education (18 credit hours total; available through UA Online as well)

**Required courses (12 credits):**

1. **TLS 353 - Recreation and Leisure in Contemporary Society** (3 credits)
   - This course will comprehensively explore the conceptual foundations of leisure, recreation, sport and play and the relationships of these ideas to contemporary professional, environmental, and social problems.

2. **TLS 354 - Administration in Recreation, Community, & Non-Profit Organizations** (3 credits)
   - This course will survey key administration, leadership and management principles and practices in public and non-profit agencies providing recreation programs and services.

3. **TLS 355 - Planning Community Events and Recreation Programs** (3 credits)
   - This course will examine event planning and programming techniques that broadly apply to a variety of fields (including recreation, sport, education, non-profit and community sectors) and students will develop related “real-world” skills through the development and execution of their own unique recreational events.

**AND choose (at least) ONE of the following:**

4A. **TLS 356 - Sports, Adolescents and School** (3 credits)
   - This course will encourage students to think critically about sport in school settings. It explores a) the economic, political, and socio-cultural forces that affect sport in schools; b) how sport in schools shapes individual and collective values; c) how participation in sport during adolescence influences the development of identity along the lines of gender, class, and race.

4B. **TLS 358 - Theory and Practice of Coaching** (3 credits)
   - This course will explore the sociocultural context of coaching in the United States and look at trends in coaching across time. Other topics to be covered include: (a) coach/athlete relationships, (b) motivational factors, (c) leadership styles, (d) “off-the-field” matters, (e) preparation, planning and organization, (f) inclusivity and issues related to diversity, (g) risk management, (h) discipline, and (i) team captains and team dynamics. Students will develop personal coaching philosophies and a comprehensive handbook by the end of the semester.

**Plus, choose at least TWO of the following elective courses (6 credits minimum):**

- **TLS 150B1 - Sport, Leisure, and Consumer Culture** (3)
- **TLS 200 - Sustainability and Education** (3)
- **TLS 201 - Using Physical Activity to Explore the Human Body** (3)
- **TLS 331 - Interpreting and Presenting Heritage Through Graphic Media** (3)
- **TLS 352 - Developing Adolescent Personal & Social Responsibility Using Physical Activity** (3)
- **TLS 356 - Sports, Adolescents and School** (3)
- **TLS 358 - Theory and Practice of Coaching** (3)
- **TLS 359 - Power of Parks** (3)
- **TLS 360 - Functional Kinesiology** (3)
- **TLS 373 - Inclusive Physical Activity Programming for Diverse & Special Populations** (3)
- **TLS 393 - Internship** (3-6)
- **TLS 431 - Environmental Learning** (3)
- **TLS 460 - Education & Sustainability** (3)
- **TLS 497F - Community and School Garden Workshop** (2-6)
- **MGMT 351 - Sports Administration and Planning** (3) - Prerequisite: ECON 200 and (ACCT 200 or ACCT 250)
- **RNR 448 - Conservation Planning & Wildland Recreation** (3)
- **SOC 302 - Sport and Society** (3)
- **SOC 304 - Race, Class, Gender and Sports** (3)

*For more information or to coordinate an internship experience for students in this minor, contact Matt Ostermeyer*

ostermeyer@email.arizona.edu