

Recreation and Sport in Communities, Parks and Schools

College of Education (18 credit hours total; available through UA Online as well)

Required courses (12 credits):

1. SRL 353 - ***Recreation and Leisure in Contemporary Society*** (3 credits)
 - This course will comprehensively explore the conceptual foundations of leisure, recreation, sport and play and the relationships of these ideas to contemporary professional, environmental, and social problems.
2. SRL 354 - ***Administration in Recreation, Community, & Non-Profit Organizations*** (3 credits)
 - This course will survey key administration, leadership and management principles and practices in public and non-profit agencies providing recreation programs and services.
3. SRL 355 - ***Planning Community Events and Recreation Programs*** (3 credits)
 - This course will examine event planning and programming techniques that broadly apply to a variety of fields (including recreation, sport, education, non-profit and community sectors) and students will develop related “real-world” skills through the development and execution of their own unique recreational events.

AND choose (at least) ONE of the following:

- 4A. SRL 356 - ***Sports, Adolescents and School*** (3 credits)
 - This course will encourage students to think critically about sport in school settings. It explores a) the economic, political, and socio-cultural forces that affect sport in schools; b) how sport in schools shapes individual and collective values; c) how participation in sport during adolescence influences the development of identity along the lines of gender, class, and race.
- 4B. SRL 358 - ***Theory and Practice of Coaching*** (3 credits)
 - This course will explore the sociocultural context of coaching in the United States and look at trends in coaching across time. Other topics to be covered include: (a) coach/athlete relationships, (b) motivational factors, (c) leadership styles, (d) “off-the-field” matters, (e) preparation, planning and organization, (f) inclusivity and issues related to diversity, (g) risk management, (h) discipline, and (i) team captains and team dynamics. Students will develop personal coaching philosophies and a comprehensive handbook by the end of the semester.

Plus, choose at least TWO of the following elective courses (6 credits minimum):

- SRL 150B - *Sport, Leisure & Consumer Culture* (3)
- SRL 201 - *Using Physical Activity to Explore the Human Body* (3)
- SRL 352 - *Developing Adolescent Personal & Social Responsibility Using Physical Activity* (3)
- SRL 356 - *Sports, Adolescents and School* (3)
- SRL 358 - *Theory and Practice of Coaching* (3)
- SRL 373 - *Inclusive Physical Activity Programming for Diverse & Special Populations* (3)
- SRL 393 - *Internship* (1-6)
- SRL/EDP 430 - *Educational Psychology of Sport* (3)
- TLS 200 - *Sustainability and Education* (3)
- TLS 431 - *Environmental Learning* (3)
- TLS 460 - *Education & Sustainability* (3)
- RNR 448 - *Conservation Planning & Wildland Recreation* (3)
- ENV 497F - *Community and School Garden Workshop* (3)
- MGMT 351 - *Sports Administration and Planning* (3)
- SOC 302 - *Sport and Society* (3)
- SOC 304 - *Race, Class, Gender and Sports* (3)

***For more information, contact: coe-edadvise@email.arizona.edu**