

# Mentoring Activities

Week & Topic	Activities to Choose From*
<b>Week 1: Getting To Know Your Mentee</b>	<ul style="list-style-type: none"> <li>• Two Icebreaker Games</li> <li>• Collage Icebreaker</li> <li>• coat_of_arms</li> <li>• ice-breaker questions</li> <li>• Autobiographical Poem</li> <li>• M&amp;M Ice Breaker</li> <li>• Classroom Interview (large group!)</li> <li>• Mentor Interview (Questions for your mentee to ask you)</li> <li>• Dice Introductions</li> </ul>
<b>Week 2: Getting To Know Your Mentee</b>	<ul style="list-style-type: none"> <li>• Team Building Obstacle Activity (Groups)</li> <li>• Two Icebreaker Games</li> <li>• Collage Icebreaker</li> <li>• The Identity Card</li> <li>• Word Games</li> <li>• Zones (multiple kids/playground)</li> <li>• Sudoku Activity</li> </ul>
<b>Week 3: Goal Setting</b>	<ul style="list-style-type: none"> <li>• Early Goal Setting Activity</li> <li>• Goal Setting_Steps (in “hints” section)</li> <li>• Career Goals Cube</li> <li>• Success Timeline</li> <li>• Goal Setting Handout</li> </ul>
<b>Week 4: Academic Strengths &amp; Learning Style</b>	<ul style="list-style-type: none"> <li>• Listening Skills</li> <li>• Study Skills Checklist</li> <li>• Coach Wooden’s Pyramid of Success</li> <li>• Learning Style</li> <li>• Multiple Intelligence Study Strategies</li> <li>• Multiple Intelligences Inventory</li> <li>• Multiple Intelligences Check List</li> <li>• Description of Multiple Intelligences</li> <li>• Extra Multiple Intelligences Activity (includes collage)</li> <li>• Getting Your Mentee Organized</li> </ul>
<b>Week 5: Self Esteem Building</b>	<ul style="list-style-type: none"> <li>• Coach Wooden’s Pyramid of Success</li> <li>• Skills for Success</li> <li>• Metaphors for Life</li> <li>• Individual &amp; Group Self Esteem Activities</li> </ul>

# Mentoring Activities

<b>Week 6: Conflict Management</b>	<ul style="list-style-type: none"><li>• Conflict Resolution Handout</li><li>• Decision Making</li><li>• Communication Skills</li><li>• Pictionary, Telephone</li><li>• Decision Making Scenarios (decide which are appropriate for your mentee!)</li></ul>
<b>Week 7: Career Exploration</b>	<ul style="list-style-type: none"><li>• Career Goals Cube</li><li>• Career Pictionary (for groups)</li><li>• Dream Job</li></ul>
<b>Week 8: College Exploration</b>	<ul style="list-style-type: none"><li>• College Search Activity (Web Based)</li><li>• College Search Questions</li><li>• Career &amp; College Collage</li><li>• Degree Attainment &amp; Finance Activity</li><li>• Degree Attainment – Balloon Tower (for groups)</li></ul>
<b>Week 9: Financial Aid</b>	<ul style="list-style-type: none"><li>• Recipe for College Success</li><li>• Paying for College</li></ul>
<b>Week 10: Closure</b>	<ul style="list-style-type: none"><li>• Metaphors for Life</li><li>• Closure Activities (small groups)</li></ul>