# Mentoring Activities

<table>
<thead>
<tr>
<th>Week &amp; Topic</th>
<th>Activities to Choose From*</th>
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</table>
| **Week 1: Getting To Know Your Mentee** | - Two Icebreaker Games  
- Collage Icebreaker  
- coat_of_arms  
- ice-breaker questions  
- Autobiographical Poem  
- M&M Ice Breaker  
- Classroom Interview (large group!)  
- Mentor Interview (Questions for your mentee to ask you)  
- Dice Introductions |
| **Week 2: Getting To Know Your Mentee** | - Team Building Obstacle Activity (Groups)  
- Two Icebreaker Games  
- Collage Icebreaker  
- The Identity Card  
- Word Games  
- Zones (multiple kids/playground)  
- Sudoku Activity |
| **Week 3: Goal Setting** | - Early Goal Setting Activity  
- Goal Setting_Steps (in “hints” section)  
- Career Goals Cube  
- Success Timeline  
- Goal Setting Handout |
| **Week 4: Academic Strengths & Learning Style** | - Listening Skills  
- Study Skills Checklist  
- Coach Wooden’s Pyramid of Success  
- Learning Style  
- Multiple Intelligence Study Strategies  
- Multiple Intelligences Inventory  
- Multiple Intelligences Check List  
- Description of Multiple Intelligences  
- Extra Multiple Intelligences Activity (includes collage)  
- Getting Your Mentee Organized |
| **Week 5: Self Esteem Building** | - Coach Wooden’s Pyramid of Success  
- Skills for Success  
- Metaphors for Life  
- Individual & Group Self Esteem Activities |
## Mentoring Activities

| Week 6: Conflict Management | • Conflict Resolution Handout  
|                           | • Decision Making  
|                           | • Communication Skills  
|                           | • Pictionary, Telephone  
|                           | • Decision Making Scenarios (decide which are appropriate for your mentee!) |
| Week 7: Career Exploration | • Career Goals Cube  
|                           | • Career Pictionary (for groups)  
|                           | • Dream Job |
| Week 8: College Exploration | • College Search Activity (Web Based)  
|                           | • College Search Questions  
|                           | • Career & College Collage  
|                           | • Degree Attainment & Finance Activity  
|                           | • Degree Attainment – Balloon Tower (for groups) |
| Week 9: Financial Aid      | • Recipe for College Success  
|                           | • Paying for College |
| Week 10: Closure           | • Metaphors for Life  
|                           | • Closure Activities (small groups) |