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# Sara S. Frye, PhD, NCSP

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## EDUCATION

### Doctor of Philosophy (PhD)

Concentration: School Psychology  
APA Accredited and NASP Approved  
Minor: Rehabilitation  
GPA: 4.0

University of Arizona, Tucson, AZ  
August 2012-May 2017

Dissertation Title: *Sleep to Feel Better: An Investigation of the Role of Sleep in the Internalizing Symptoms of Youth with Type 1 Diabetes Mellitus*

### Pre-Doctoral Internship

APA Accredited

Penn State Hershey Medical Center, Hershey, PA  
June 2016-June 2017

### Master of Arts (MA)

Concentration: School Psychology  
GPA: 4.0

University of Arizona, Tucson, AZ  
August 2012-December 2013

### Bachelor of Arts, with Honors (BA)

Concentration: Psychology  
Minor: Family Studies and Human Development  
Summa Cum Laude and Honors  
GPA: 4.0

University of Arizona, Tucson, AZ  
August 2009-May 2012

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## PROFESSIONAL CREDENTIALS

### Licensed Psychologist, Arizona- License #PSY-004961

April 2018- Present

### Nationally Certified School Psychologist (NCSP)- Certification #51608

December 2017- Present

### Certified School Psychologist, Arizona- Certification #5125216

September 2017- Present

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## CURRENT POSITIONS

### Frye Psychological Services, LLC

Owner & Lead Psychologist, December 2022- Present

Founder and owner of a private outpatient practice that conducts comprehensive pediatric and adult neuropsychological evaluations with a focus on neurodevelopmental conditions.

### University of Arizona, Department of Disability and Psychoeducational Studies

Adjunct Faculty, July 2018-Present

Teach graduate level courses within the School Psychology Program, supervise externs, serve on comprehensive exam/dissertation committees, and conduct research on federally funded grants.

**Southern New Hampshire University, Psychology Department**

Adjunct Faculty, November 2022-Present

Teach graduate and undergraduate level courses within the Psychology Program to a diverse group of students through an asynchronous online format.

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**CLINICAL EXPERIENCE**

**Southern Arizona Neuropsychology Associates, Tucson, AZ**

Director of Pediatrics, May 2018-December 2022

Conducted comprehensive pediatric and adult neuropsychological and psychoeducational evaluations with a focus on neurodevelopmental conditions within an outpatient clinic setting. Directed pediatrics clinical work and training, including pediatric neuropsychology externships through the University of Arizona School Psychology and Clinical Psychology programs.

**Tucson Neuropsychology Associates, Tucson, AZ**

Postdoctoral Fellow, September 2017- April 2018

Supervisor: Patricia Beldotti, PsyD

Conducted comprehensive neuropsychological evaluations with a focus on neuropsychological, neurodevelopmental, psychiatric conditions in children and adults within an outpatient setting.

**Diamond Children's Medical Center Hospital School, Tucson, AZ**

Postdoctoral Fellow, August 2017- Present

Supervisor: Michelle Perfect, PhD

Conducted neuropsychological and psychoeducational evaluations for children and adolescents who are hospitalized inpatient or receiving treatment through outpatient hematology/oncology or dialysis clinics. Provided educational consultation and liaison services to support school reintegration.

**Sleep Research & Treatment Clinic, Penn State Hershey Medical Center**

Psychology Intern, June 2016-June 2017

Adult Supervisor: Julio Fernandez-Mendoza, PhD, CBSM

Pediatric Supervisor: Susan Calhoun, PhD, ABPP, NCSP

Conducted diagnostic evaluations and provide evidence-based treatments for sleep disorders with children and adults, including Cognitive Behavioral Therapy for Insomnia (CBT-I). Successfully completed a Society of Behavioral Sleep Medicine (SBSM) Accredited Behavioral Sleep Medicine Training Program.

**Pediatric Developmental Multidisciplinary Team, Penn State Hershey Medical Center**

Psychology Intern, January 2017- June 2017

Supervisor: Lee Ann Grisolano, PhD and Cheryl Tierney, MD

Served on developmental pediatrics multidisciplinary evaluation team and conducted comprehensive developmental and neuropsychological evaluations with a focus on autism spectrum disorder using the ADOS-2 and other neurodevelopmental conditions.

**Pediatric Consultation and Liaison Service, Penn State Children's Hospital**

Psychology Intern, January 2017-June 2017

Supervisor: Jolene Hillwig-Garcia, MD

Served on multidisciplinary consultation team conducting neuropsychological and diagnostic evaluations and providing acute psychiatric care and to youth hospitalized inpatient.

**Penn State Hershey Pediatric Neuropsychology Clinic, Penn State Hershey Medical Center**

Psychology Intern, June 2016-January 2017

Supervisor: Antolin Llorente, PhD, ABPdN

Conducted comprehensive neuropsychological evaluations with a focus on medically involved children and adults within an outpatient setting.

**Penn State Hershey Child Diagnostic Clinic, Penn State Hershey Medical Center**

Psychology Intern, June 2016-January 2017

Supervisor: Susan Calhoun, PhD, ABPP, NCSP

Conducted outpatient diagnostic and psychoeducational evaluations with children and adolescents for neurodevelopmental and neuropsychiatric conditions, with a focus on autism spectrum disorder.

**Southern Arizona Neuropsychology Associates, Tucson, AZ**

Psychometrist, April 2013-August 2015

Supervisors: Jill Caffrey, PhD, Scott Belanger, PsyD, and Karin Ahlstrand, PhD

Conducted comprehensive neuropsychological evaluations, with primarily adult and geriatric patients, within an outpatient setting.

**Tu Nidito Children and Family Services, Tucson, AZ**

Extern, July 2014-May 2015

University Supervisor: Michelle Perfect, PhD

Co-facilitated therapy groups for children coping with grief or serious medical conditions and served as a support counselor at the annual Camp Erin for bereaved children. Provided support to children in the inpatient oncology unit at University Medical Center.

**Banner-University Medical Center, Angel Wing Clinic for Children with Diabetes, Tucson, AZ**

Extern, August 2014-December 2014

University Supervisor: Michelle Perfect, PhD

Provided home-based, individual therapy from a cognitive behavioral therapy (CBT) framework to patients with type 1 diabetes.

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**RESEARCH EXPERIENCE**

**Family Routines Enhancing Adolescent Diabetes by Optimizing Management (FREADOM), University of Arizona & Banner-University Medical Center**

Postdoctoral Fellow, June 2017-June 2018

Funding: National Institutes of Health (R01DK110528)

PI: Michelle Perfect, PhD

Served as a research fellow on a randomized control trial investigating the direct impact of sleep duration on glycemic control and neurobehavioral functioning in youth with type 1 diabetes to determine if lengthening sleep improves glycemic control and related neurobehavioral factors.

**Access, Wellness, and Relational Determinants of School Success (AWARDSS), University of Arizona**

Postdoctoral Fellow, June 2017-June 2018

Funding: U.S. Department of Education, Institute of Education Sciences (R305B160003)

PI: Michelle Perfect, PhD & Brandy Brown, PhD

Served as a postdoctoral research fellow for a program designed to increase participation of underrepresented students in doctoral level study, in which students conducted research with faculty mentors and received assistance in applying to doctoral programs. Taught research methods course.

**Sleep Research & Treatment Center, Penn State University College of Medicine**

Psychology Intern, June 2016-June 2017

Funding: National Institutes of Health (R01 HL63772, HL97165, UL1 TR000127, C06 RR16499)

PI: Edward Bixler, PhD & Julio Fernandez-Mendoza, PhD, CBSM

Conducted research using data from the Penn State Child Cohort (PSCC), which is a longitudinal, representative population-based study on sleep disorders and their association with biological, cardiometabolic, behavioral, and neuropsychological factors.

**Glucose regulation and neurobehavioral effects of sleep (GRANES), Banner-University Medical Center**

Coordinator and Graduate Associate, August 2012-June 2016

Funding: American Diabetes Association (ADA #7-13-CE-32)

PI: Michelle Perfect, PhD

Coordinated a randomized control trial investigating if sleep parameters predict glucose regulation and neurobehavioral functioning and if extending sleep leads to improve glycemic control for adolescents with type 1 diabetes mellitus (T1DM).

**Sleep to Enhance Participation in STEM (STEPS), University of Arizona**

Graduate Associate, May 2015-May 2016

Funding: National Science Foundation (NSF #1433185)

PI: Michelle Perfect, PhD & Janet Roveda, PhD

Served as graduate associate on a project aimed at engaging students in science, technology, engineering, and math (STEM) through engagement in a school-based sleep curriculum.

**Mental Health and Screening Lab, University of Arizona**

Graduate Research Assistant, August 2015-May 2016

PI: Katie Eklund, PhD, NCSP

Assisted with school-wide screening for social-emotional risk and implemented evidence-based interventions for identified students in need of secondary supports.

**Child Cognition Lab, University of Arizona**

Research Assistant (2009-2011), Assistant Lab Manager (2011-2012), and Coordinator (2009-2014)

PI: Rebecca Gomez, PhD

Coordinated grant funded projects examining cognitive development across infancy and childhood. Accepted into the Undergraduate Biology Research Program (UBRP). Completed an independent honors thesis project on object categorization in infancy.

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**SCHOOL-BASED EXPERIENCE**

**Tucson Unified School District, Tucson, AZ**

Interventionist, August 2015- May 2016

Supervisor: Katie Eklund, PhD, NCSP

Conducted social skills groups within a PBIS model, using Check in Check out (CICO) and the Social Skills Improvement System (SSIS), with students identified as at risk for emotional problems.

**Air and Space Academy, Tucson and Sahuarita, AZ**

School Psychology Intern, August 2014-May 2015

Supervisor: Michelle Perfect, PhD

Contracted to conduct psychoeducational evaluations, including running multidisciplinary team meetings and developing individual education plans (IEPs) for students at two charter schools.

**Sunnyside Unified School District, Tucson, AZ**

Extern, January 2014- May 2014

Supervisor: Katie Eklund, PhD, NCSP

Gained on-site professional experience through a 225-hour school-based practicum. Components included developing competency in consultation, psychoeducational assessment, and behavioral modification.

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**TEACHING EXPERIENCE**

**Adjunct Faculty, School Psychology Program, University of Arizona, (PhD and EdS programs)**

SERP 696B Neuropsychological Bases of Learning and Behavior- 2020, 2021, 2022, 2023

SERP 677 Social-Emotional and Personality Assessment- 2018, 2019, 2020, 2021, 2022

SERP 696C Professional Standards, Ethics, and Issues in School Psychology- 2021, 2022

SERP 693C-018 Supervision and College Teaching- 2020

SERP 694-001 Neuropsychology Externship- 2019, 2020, 2021, 2022, 2023

SERP 694-001 Psychotherapy Practicum- 2019

**Adjunct Faculty, Department of Psychology, Southern New Hampshire University (graduate program)**

PSY 550- Measurement and Assessment- 2022b, 2022c, 2022d, 2023a

PSY 570- Ethical Practice in Psychology- 2022a

**Postdoctoral Instructor, University of Arizona**

Research Methods (post-baccalaureate/ graduate course)- Spring 2018

**Graduate Teaching Assistant, University of Arizona**

Psychotherapy Practicum (graduate course)- Fall 2015

Cognitive Assessment (graduate course)- Fall 2014

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**PUBLICATIONS**

**Books**

Perfect, M. M., Drapeau, C., & Frye, S., (under contract). *Sleepy Schools: Research, Practice, and Policy*. American Psychological Association.

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**Peer-Reviewed Journal Articles**

Perfect, M.M., Silva, G.E., Chin, C., Wheeler, M.D., Frye, S., Mullins, V. & Quan, S. F. (2022). Extending sleep to improve glycemia: The family routines enhancing adolescent diabetes by optimizing management (FREADOM) randomized clinical trial protocol. *Contemporary Clinical Trials*.

Riccio, C. A., Maykel, C., Bray, M., Perdue, E., & Frye, S. (2021). School reintegration for youth with health-related conditions. *Contemporary School Psychology*.

Puzino, K., Frye, S. LaGrotte, C., Vgontzas, A. N., Calhoun, S., & Fernandez-Mendoza, J. (2021). Arousability as a trait predisposition to insomnia: Multidimensional structure and clinical utility of the Spanish and English versions of the Arousal Predisposition Scale. *Sleep Medicine*.

Eklund, E., Kilgus, S., Taylor, C., Allen, A., Meyer, L., Izumi, J., Beardmore, M., Frye, S. McLean, D., Calderon, F., & Kilpatrick, K. (2019). Efficacy a combined approach to tier 2 social-emotional and behavioral intervention and the moderating effects of function. *School Mental Health*.

- Frye, S.,** Perfect, M. M., & Silva, G. E. (2019). Diabetes management mediates the association between sleep duration and glycemic control in youth with type 1 diabetes mellitus. *Sleep Medicine*.
- Puzino, K., **Frye, S.,** LaGrotte, C. A., Vgontzas, A. N., & Fernandez-Mendoza, J. (2019). Am I (hyper)aroused or anxious? Clinical significance of pre-sleep somatic arousal in young adults. *Journal of Sleep Research*, e12829.
- Frye, S.,** Fernandez-Mendoza, J., Calhoun, S., Gaines, J., Vgontzas, A. N., Liao, D., & Bixler, E. O. (2018). Childhood obesity, weight loss, and developmental trajectories predict the persistence and remission of childhood sleep disordered breathing. *Pediatric Obesity*, 14, e12461.
- Frye, S.,** Fernandez-Mendoza, J., Calhoun, S., Vgontzas, A. N., Liao, D., & Bixler, E. O. (2018). Neurocognitive and behavioral significance of periodic limb movements during sleep in adolescents with attention-deficit/ hyperactivity disorder. *Sleep*, 41, zsy129.
- Mayes, S., **Frye, S.,** Breaux, R., & Calhoun, S. (2018). Diagnostic, demographic, and neurocognitive predictors of dysgraphia in students with ADHD, autism, learning disabilities, and typical development. *Journal of Developmental and Physical Disabilities*, 30, 489-507.
- Frye, S.,** Fernandez-Mendoza, J., Calhoun, S., Gaines, J., Sawyer, M. D., He, F., Liao, D., Vgontzas, A. N., & Bixler, E. O. (2018). Neurocognitive and behavioral functioning in adolescents with sleep disordered breathing: A population-based, dual-energy X-ray absorptiometry study. *International Journal of Obesity*, 42, 95–101.
- Perfect, M. M., **Frye, S.,** Bauman, S., Kroeger, S., Chou, C., & Shaw, L. (2017). A model for facilitating an inclusive experience for college students with health-related conditions: Application for students with diabetes. *The School Psychologist*, 71, 45-57.
- Mayes, S., Breaux, R., Calhoun, S., & **Frye, S.** (2017). High prevalence of dysgraphia in elementary through high school students with ADHD and Autism. *Journal of Attention Disorders*.
- Perfect, M. M., Beebe, D. W., Levine-Donnerstein, D., **Frye, S.,** Bluez, G. P., & Quan, S. F. (2016). The development of a clinically relevant sleep modification protocol for youth with Type 1 diabetes. *Clinical Practice in Pediatric Psychology*, 4, 227.

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## Book Chapters

- Frye, S.,** & Fairchild, A. (2023). Angelman Syndrome. *Health-Related Disorders in Children and Adolescents: A Guidebook for Understanding and Educating, Second Edition*. Division 16 of the American Psychological Association.
- Perfect, M. M., **Frye, S.,** & Mongelli, S. (2020). The mind-body connection: Applications for sleep health. *Promoting mind–body health in schools: Interventions for mental health professionals*. American Psychological Association.
- Perfect, M. M., **Frye, S.,** & Sakakini, R., (2019). Pediatric sleep disorders: Assessment, intervention, and implications for school psychologists. In Dempsey, A. (Eds.) *Pediatric health conditions in schools: A clinician’s guide for working with children, families, and educators*. Oxford, United Kingdom: Oxford University Press.
- Perfect, M. M., **Frye, S.,** & Ochoa, E. (2019). Chronic illness: Helping handout for the school and home. In Bear, G. & Minke, K. (Eds.) *Helping Children at Home and School IV: Handouts for Families and Educators*. Bethesda, MD: National Association of School Psychologists.

- Perfect, M. M. & **Frye, S.** (2019). Sleep problems: Helping handout for the home. In Bear, G. & Minke, K. (Eds.) *Helping Children at Home and School IV: Handouts for Families and Educators*. Bethesda, MD: National Association of School Psychologists.
- Frye, S.**, Perfect, M. M., & Graham, J. (2018). Treating internalizing symptoms from an integrated behavioral health perspective. In Forman, S. G. & Shahidullah, J. D. (Eds.) *Handbook of pediatric behavioral healthcare: An interdisciplinary collaborative approach*. New York, NY: Springer.
- Perfect, M. M. & **Frye, S.** (2014). Resiliency in pediatric chronic illness: Assisting youth at school and home. In Prince-Embury, S. (Eds.), *Resilience interventions for youth in diverse populations*. New York, NY: Springer.

## Conference Presentations

### Symposia

- Perfect, M. M., Bluez, G. B., & **Frye, S.**, (2022, April). *Cross-sectional associations and interventional effects of sleep on neurobehavioral functioning in adolescents with type 1 diabetes*. Paper presented as part of symposium, *Sleep as protective factor during adolescence: Implications for health and well-being*, presented at the Annual Meeting of the Society of Behavioral Medicine, Baltimore, MD.
- Frye, S.**, Perfect, M. M., & Geiger, J. (2018, August). *Hospital-based neuropsychological services for students with chronic illnesses*. Paper presented as part of symposium, *Current applications and training considerations in the area of school neuropsychology*, presented at the Annual Meeting of the American Psychological Association, San Francisco, CA.
- Geiger, J., Perfect, M. M., & **Frye, S.** (2018, August). *Background and introduction of neuropsychology to school-based practitioners*. Paper presented as part of symposium, *Current applications and training considerations in the area of school neuropsychology*, presented at the Annual Meeting of the American Psychological Association, San Francisco, CA.
- Frye, S.**, Ochoa, E., Brown, B. A. & Perfect, M. M. (2018, August). *Becoming mindful and empowered mentees: Mentoring for underrepresented trainees and early career psychologists*. Paper presented as part of symposium, *Mentoring across developmental levels and contexts to underrepresented trainees and professionals*, presented at the Annual Meeting of the American Psychological Association, San Francisco, CA.
- Perfect, M. M., Brown, B. A., **Frye, S.**, & Ochoa, E. (2018, August). *Preparing the research mentor to promote pathways to doctoral studies for underrepresented students*. Paper presented as part of symposium, *Mentoring across developmental levels and contexts to underrepresented trainees and professionals*, presented at the Annual Meeting of the American Psychological Association, San Francisco, CA.
- Perfect, M. M. & **Frye, S.** (2018, April). *Considering the Z-Factor in type 1 diabetes*. Paper presented as part of symposium, *Sleep and metabolic health: Time for behavioral sleep interventions*, presented at the International Pediatric Sleep Association Convention, Paris, France.
- Frye, S.** & Perfect, M. M. (2017, August). *An analysis of state laws related to the education of youth who are medically involved*. Paper presented as part of symposium, *Integrating multiple systems of care to support the education of youth who are medically involved*, presented at the Annual Meeting of the American Psychological Association, Washington, DC.
- Perfect, M. M. & **Frye, S.** (2017, August). *Hospital school programs for coordinating educational services for youth who are medically involved*. Paper presented as part of symposium, *Integrating multiple systems of care to support the education of youth who are medically involved*, presented at the Annual Meeting of the American Psychological Association, Washington, DC.

- Riccio, C. & Frye, S. (2017, August). *Best practices in school reintegration to support transitions for youth who are medically involved*. Paper presented as part of symposium, *Integrating multiple systems of care to support the education of youth who are medically involved*, presented at the Annual Meeting of the American Psychological Association, Washington, DC.
- Perfect, M. M., Terjesen, M., Frye, S., Balducci, C., Sakakini, R., & Quan, S. (2016, February). *Measuring sleep problems among youth internationally: Methodology, outcomes, and implications*. Symposium presented at the 2016 National Association of School Psychologists Annual Convention, New Orleans, Louisiana.
- Perfect, M. M., Tanner, N., Frye, S., Schroeder, M., & Quan, S. (2015, August). *Real-time monitoring of sleep in practice, research, and personal use*. Paper presented as part of symposium, *Using technologies to assess, improve, and monitor behaviors in real time*, presented at the Annual Meeting of the American Psychological Association, Toronto, Ontario.

### **Oral Presentations**

- Frye, S. (2020, September). *Understanding autism spectrum disorder from a neuropsychological perspective*. Invited Speak at the 2020 Autism Walk and Resource Fair organized by the Autism Society of Southern Arizona, Tucson, Arizona.
- Frye, S., Bluez, G., & Perfect, M. M. (2018, February). *Link between sleep and internalizing symptoms in type 1 diabetes*. Paper presented at the 2018 National Association of School Psychologists Annual Convention, Chicago, Illinois.
- Baker, J., Frye, S., Fernandez-Mendoza, J., Calhoun, S. L., Vgontzas, A.N., Liao, D., & Bixler, E. O. (2017, June). *Natural history of insomnia symptoms and incidence of psychiatric disorders: Role of childhood-onset, adolescence-onset and full remission*. Paper presented at the Annual Meeting of the Associated Professional Sleep Societies, Boston, Massachusetts. SLEEP 2017; 40: A334-A335.
- Frye, S., Perfect, M. M., & Tanner, N. (2017, February). *Educational impact of type 1 diabetes and implications for practioners*. Paper presented at the 2017 National Association of School Psychologists Annual Convention, San Antonio, Texas.
- Frye, S., Tanner, N., & Perfect, M. M. (2016, February). *Sleep to feel better: Sleep extension in youth with diabetes*. Paper presented at the 2016 National Association of School Psychologists Annual Convention, New Orleans, Louisiana.
- Frye, S., Perfect, M. M., & Tanner, N. (2015, August). *Examining resiliency in pediatric chronic illnesses: Examples from youth with type 1 diabetes*. Paper presented at the Annual Meeting of the American Psychological Association, Toronto, Ontario.

### **Mini-Skills Presentations**

- Sakakini, R., Frye, S. & Perfect, M. M. (2017, February). *Pediatric sleep problems: What school psychologists need to know*. Mini-skills presentation presented at the 2017 National Association of School Psychologists Annual Convention, San Antonio, Texas.

### **Poster Presentations**

- Perfect, M. M., Frye, S., Bluez, G., & Larez, N. (2018, June). *The effects of a sleep extension intervention on glucose control in youth with type 1 diabetes*. Poster presented at the American Diabetes Association's 78<sup>th</sup> Scientific Sessions, Orlando, Florida. Diabetes 67(Supplement 1):849-P
- Puzino, K., Frye, S., LaGrotte, C., Vgontzas, A. N., & Fernandez-Mendoza. (2018, June). *Arousability as a predisposition to insomnia: Clinical dimensions and cut-offs to identify insomnia risk*. Poster presented at the Annual Meeting of the Associated Professional Sleep Societies, Baltimore, Maryland.
- Puzino, K., Frye, S., LaGrotte, C., Vgontzas, A. N., & Fernandez-Mendoza. (2018, June). *Clinical significance of pre-sleep somatic arousal in young adults with insomnia: Hyperarousal versus anxiety*.



- Poster presented at the Annual Meeting of the Associated Professional Sleep Societies, Baltimore, Maryland.
- Bluez, G. & Frye, S. (2018, February). *School-based mental health services for pediatric chronic illness*. Poster presented at the 2018 National Association of School Psychologists Annual Convention, Chicago, Illinois.
- Bluez, G., Geiger, J., Perfect, M. M., & Frye, S. (2017, August). *Sleep architecture and glucose patterns in youth with T1DM*. Poster presented at the Annual Meeting of the American Psychological Association, Washington, DC.
- Frye, S., Fernandez-Mendoza, J., Gaines, J., Calhoun, S. L., Vgontzas, A.N., Liao, D., & Bixler, E. O. (2017, June). *Do not wait for child obesity: Overweight leads to sleep disordered breathing and weight loss to its remission in pre-pubertal children transitioning to adolescence*. Poster presented at the Annual Meeting of the Associated Professional Sleep Societies, Boston, Massachusetts. SLEEP 2017; 40: A333.
- Frye, S., Fernandez-Mendoza, J., Calhoun, S. L., Vgontzas, A.N., Liao, D., & Bixler, E. O. (2017, June). *Role of periodic limb movements in adolescents with attention deficit hyperactivity disorder: Differential association with internalizing versus externalizing behaviors*. Poster presented at the Annual Meeting of the Associated Professional Sleep Societies, Boston, Massachusetts. SLEEP 2017; 40: A347.
- Frye, S. & Perfect, M. M. (2016, August). *The role of sleep in the diabetes management of youth with T1DM*. Poster presented at the Annual Meeting of the American Psychological Association, Denver, Colorado.
- Taylor, C., Meyer, L., Kilpatrick, K., Allen, A., Frye, S., Eklund, K., & Kilgus, S. (2016, August). *Integrated tier 2 intervention: Combining check-in/check-out and social skills training*. Poster presented at the Annual Meeting of the American Psychological Association, Denver, Colorado.
- Beardmore, M., Frye, S., & Sulkowski, M. (2016, February). *Addressing the mental health needs of homeless students*. Poster presented at the 2016 National Association of School Psychologists Annual Convention, New Orleans, Louisiana.
- Tanner, N., Perfect, M. M., Frye, S., & Levine-Donnerstein, D. (2015, August). *Screening of behavioral and emotional risk in youth with T1DM: Examining rater agreement with multiple informants*. Poster presented at the Annual Meeting of the American Psychological Association, Toronto, Ontario.
- Viator** (maiden name), S., Gomez, R., Bishop, K., Peterson, M.A. (2012, June). *Infants can use a newly learned object category for scene segregation*. Poster presented at the International Conference on Infant Studies, Minneapolis, MN.

## CERTIFICATES AND AWARDS

### **Arizona Psychological Association Outstanding Early Career Psychologist Award (2021)**

Awarded for outstanding contributions to the field of psychology in Arizona

### **National Institutes of Health (NIH) Responsible Conduct of Research Certificate (Summer 2018)**

Completed coursework and training requirements set forth by the NIH in research ethics

### **Order of the Amaranth Annual Assembly (Summer 2018)**

Invited speaker to report on research funded by the Amaranth Diabetes Foundation

### **Women's Interprofessional Network of the American Diabetes Association Award (Summer 2018)**

Award for women in science at the 2018 ADA Convention

**American Psychological Association Division (APA) 16 Early Career Award (Spring 2018)**

Awarded to an early career psychologist to attend the 2018 APA Convention

**College of Education 2017 Graduate Student Convocation Speaker (Spring 2017)**

Selected to give commencement speech at College of Education convocation

**College of Education Outstanding Graduate Student Award (Spring 2017)**

Awarded to top student selected from nominees from all departments in the College of Education

**Penn State Hershey Psychiatry Department Best Research Poster Award (Spring 2017)**

Awarded to highest rated trainee research poster presentation

**American Psychological Association (APA) Graduate Student Award- \$300 (Summer 2016)**

Supported travel to the 2016 American Psychological Association Convention

**Erasmus Circle Scholar- \$1000 (Fall 2015)**

Department nominated award and the highest distinction in the College of Education

**American Academy of School Psychology Award- \$500 (Summer 2015)**

Scholarship awarded by the American Board of Professional Psychology (ABPP)

**American Psychological Association (APA) Division 16 Student Paper Award- \$500 (Summer 2015)**

Awarded to highest rated graduate student research proposal

**University of Arizona Honors College Research Grant - \$1000 (2011)**

Individual research grant awarded to support honors thesis project

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## LEADERSHIP AND SERVICE

**Hospital School Task Force, Banner University Medical Center, Tucson, AZ**

Founding member of a task force responsible for establishing a hospital-based school at B-UMC to provide educational and transitional services to hospitalized, school-aged youth.

**American Psychological Association Self Study, University of Arizona, Tucson, AZ**

Graduate student representative responsible for conducting the self-study and preparing the application for continued program approval by the American Psychological Association (APA).

**Student Affiliates in School Psychology (SASP), University of Arizona, Tucson, AZ**

Secretary of the University of Arizona Chapter, 2013-2014 school year

**Pediatric School Psychology Research Group, University of Arizona, Tucson, AZ**

Coordinator, 2013-2014 school year

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## RESEARCH REVIEWS

### Editorial Board Member

Sleep, Behavior and Mental Health, specialty section of Frontiers in Sleep

Pediatric Obesity, specialty section of Frontiers in Pediatrics

### Ad Hoc Reviewer

BMC Psychiatry

Clinical Child Psychology and Psychiatry

Diabetes Research and Clinical Practice

Frontiers In Human Neuroscience  
Frontiers in Pediatrics  
Frontiers in Sleep  
Human Movement Science  
International Journal of Environmental Research and Public Health  
International Journal of Clinical Psychiatry and Mental Health  
Journal of Applied Neuropsychology: Child  
Journal of Child Psychology and Psychiatry  
Journal of Clinical Psychology in Medical Settings  
Journal of Pediatric Neuropsychology  
Pediatrics  
Psychiatry Research  
School Psychology  
School Psychology Quarterly  
School Psychology Review  
Sleep  
Sleep Health