

CURRICULUM VITA

Philip R. Johnson, Ph.D., C.R.C.

Education:

The University of Arizona, Tucson, Arizona
Doctor of Philosophy in Rehabilitation (May 2009)
Dissertation: *A Behavioral Approach to Management of
Neuroleptic-Induced Tardive Dyskinesia: Progressive Relaxation Training*

Walden University, Minneapolis, Minnesota
Master of Science in Psychology (May 2002)
Thesis: *Neuroleptic-Induced Tardive Dyskinesia within the
Developmentally Disabled Population: A Literature Review*

California State University, Hayward, California
Master of Arts in Music (June 1981)

California State University, Hayward, California
Bachelor of Arts in Music (December 1977)

Certification:

Nationally Certified Rehabilitation Counselor (2010) 00112318

Professional Experience:

The University of Arizona
Tucson, Arizona

Assistant Professor of Practice, Department of Disability and Psychoeducational
Studies

Fall Semester 2012 – Present

Courses taught:

Ethical, Legal, and Professional Issues in Counseling, SERP 588
Research Methods in Education, SERP 556
Supervised Practice in Rehabilitation Counseling, SERP 594
Rehabilitation Internship, SERP 593

Courses Developed:

Motivational Interviewing, SERP 554

Coordinator, Rehabilitation and Mental Health Program
2014 – 2016

Council on Rehabilitation Education (CORE) Program Coordinator
Academic Year 2014 – 2015

Adjunct Assistant Professor, Department of Disability and Psychoeducational Studies
Academic Year 2011 – 2012

Courses taught:

Research Methods in Education, SERP 556

Adjunct Assistant Professor, Department of Disability and Psychoeducational Studies
Academic Year 2009 – 2010

Courses taught:

Principles of Rehabilitation, SERP 565
Research Methods in Education, SERP 556

Guest Lecturer
2006 – 2010

Regular guest lecturer on the following topics in the Rehabilitation Counseling Graduate Program:

Behavioral Counseling
Substance Abuse and Related Disorders

Graduate Assistant and Teaching Assistant
2006 – 2009

Assisted professors with teaching the following courses to graduate students in the Rehabilitation Counseling Program:

Rehabilitation Internship (SERP 593, academic years 2006 – 2007, 2007 – 2008, and 2008 – 2009)

Principles of Rehabilitation (SERP 565, fall semester 2006, 2007, and 2008)

Supervised Practice in Rehabilitation Counseling (SERP 594, fall semester 2008)

Taught the following courses to undergraduate students in the Rehabilitation Counseling Program:

Behavior Principles and Disability (SERP 402, fall semester, 2006)

Supervised Casework in Rehabilitation (SERP 483, spring semester 2007 and spring semester 2008)

The Easter Seals Blake Foundation

Tucson, Arizona

Therapist

January 2015 – 2016

Established a relaxation therapy clinic to address stress and anxiety-related problems and pain management

Therapist

2009 – 2012

Provided individual behavioral health counseling and therapy to children who have been removed from their homes by Child Protective Services; provided individual counseling to children and adults with significant disabilities (i.e., developmental disabilities, serious mental illness, ADHD, substance abuse); provided training and behavioral consultation to family members and direct service staff who support persons with significant disabilities; provided Positive Behavioral Support training and Motivational Interviewing training to Easter Seals Blake Foundation staff; developed and assisted with the implementation of intensive individualized behavioral training programs; and provided work-adjustment training to persons with developmental disabilities

Employment Specialist

1995 – 1998

Provided vocational services to persons with developmental disabilities

Assistant Program Coordinator

1995

Supervised staff who provided habilitation services to persons with developmental disabilities at a day treatment program

Habilitation Technician

1994 – 1995

Provided habilitation services to persons with developmental disabilities at a day treatment program

Tohono O’odham Community College

Sells, Arizona

Adjunct Faculty, Social Services Program

2009 – 2011

Teaching courses on substance abuse, substance abuse prevention, and Motivational Interviewing to students at Tohono O’odham Community College

Developed the Motivational Interviewing curriculum for the Tohono O’odham Community College Social Services program as requested by the Director of Tohono O’odham Health and Human Services

Pima County

Tucson, Arizona

Youth Employment and Re-Entry Network (YEARN) Initiative

2010

Assisted with the development of a mentoring handbook for youth involved in the juvenile justice system in Pima County, Arizona

Provided behavioral health counseling to YEARN Initiative participants

Counseling & Consulting Services

Tucson, Arizona

Counselor and Behavioral Consultant

2002 – 2008

Provided individual and group counseling to children and adults with significant disabilities (i.e., developmental disabilities, serious mental illness, ADHD, substance abuse); provided training and behavioral consultation to family members and staff who support persons with significant disabilities; developed and assisted with the implementation of intensive individualized behavioral training programs for persons with significant disabilities

Biobehavioral Relaxation Training Clinic

Tucson, Arizona

Volunteer

1997 – 1998 and 2003 – 2008

Assisted clinician with providing cue-controlled progressive relaxation training to persons with developmental disabilities

United Cerebral Palsy of Southern Arizona

Tucson, Arizona

Program Manager

2002

Supervised staff who provided habilitation, attendant care, and respite services to persons with significant disabilities

Gateway Foundation

Tucson, Arizona

Clinical Supervisor

2001 – 2002

Supervised counselors who provided substance abuse counseling to inmates at the Arizona State Prison at Tucson, Winchester Unit

Counselor II

2001

Provided substance abuse counseling to inmates at the Arizona State Prison at Tucson, Winchester Unit

Arizona Department of Economic Security, Division of Developmental Disabilities, District II, Arizona Training Program at Tucson

Tucson, Arizona

Habilitation Supervisor II

1998 – 2001

Supervised staff who provided vocational services to persons with developmental disabilities

Duluth Unified School District

Duluth, Minnesota

Teaching Assistant

1992 – 1994

Provided assistance to students in elementary through high school special education classes; participated in developing Individual Education Plans (IEP); assisted students with special needs who were transitioning from high school into employment positions

Nierika House

Concord, California

Counselor

1986 – 1987

Provided counseling to clients in a mental health crisis residential program

Casa Cecilio Chi

San Pablo, California

Relief Counselor

1986

Provided counseling to clients at a mental health halfway house

The San Francisco Conservatory of Music

San Francisco, California

Guitar Instructor

1983 – 1987

Provided instruction to students in the Preparatory and Adult Extension Programs

The University of California, Berkeley

Berkeley, California

Guitar Instructor

1985 – 1987

Provided instruction to students in the Young Musicians Program

Private Music Instruction

Berkeley, California; Tucson, Arizona; Duluth, Minnesota

Classical Guitar Lessons

1976 – 1994

Provided beginning through advanced lessons in classical guitar technique, repertoire, and music theory

Grants:

Principal Investigator, Arizona Rehabilitation Services Administration/University of Arizona Interagency Service Agreement, July, 1, 2013 – present

Purpose of the Agreement: to provide Rehabilitation Services Administration (RSA) counselors, currently employed by Arizona RSA, the opportunity to complete college/university level coursework in rehabilitation counseling required by the Rehabilitation Act of 1973, as amended, and its implementing regulations (34 CFR 361.18 Comprehensive System of Personnel Development).

Project Director Long Term Training Grant, U.S. Department of Education: Preparation of Rehabilitation Counselors for People with Visual Impairment, August 2015 – present

Purpose of the Program: to address the need to increase the number of qualified rehabilitation counselors for individuals with blindness or a visual impairment in the State-federal Vocational Rehabilitation Programs and in affiliated non-profit community rehabilitation programs across the nation and in Arizona in particular.

Project Director Long Term Training Grant, U.S. Department of Education: Preparation of Rehabilitation Counselors for People with Mental Illness, August 2015 – present

Purpose of the Program: to address the need to increase the number of qualified rehabilitation counselors for individuals with mental illness in the State-federal Vocational Rehabilitation Programs and in affiliated non-profit community rehabilitation programs across the nation and in Arizona in particular.

Project Director Long Term Training Grant, U.S. Department of Education: Preparation of Vocational Rehabilitation Counselors, August 2015 – present

Purpose of the Program: to address the need to increase the number of qualified rehabilitation counselors for employment in the State-federal Vocational Rehabilitation Programs and in affiliated non-profit community rehabilitation programs across the nation and in Arizona in particular.

Publications:

Johnson, P. R. (2014). A Look at Pharmacotherapy for Severe Behavior Disturbances. *Journal of Behaviorology*, 17(2), 17-25.

Johnson, P. R. (2012). A behaviorological approach to management of neuroleptic-induced tardive dyskinesia: Progressive neural emotional therapy. *Journal of Behaviorology*, 15(2), 11-25.

Presentations:

Johnson, P. R. *Movement Disorder Alleviation Therapy (MDAT)*TM. Presented at the American Parkinson Disease Association's Monthly Parkinson's Disease Education Meeting, Tucson, Arizona, August 7, 2018

Johnson, P. R. *Motivational Interviewing*. Presented to Arizona Rehabilitation Services employees, Tucson, Arizona, November 30, 2017.

Johnson, P. R. *Movement Disorder Alleviation Therapy (MDAT)*TM. Presented at the RENEW! RETREAT, Parkinson and Movement Disorder Alliance, September 23, 2017.

Johnson, P. R. *Relaxation Exercise for Care Partners of Persons with Parkinson's Disease*. Presented at the RENEW! RETREAT, Parkinson and Movement Disorder Alliance, September 23, 2017.

Johnson, P. R. *Movement Disorder Alleviation Therapy (MDAT): An Evidence-Based Approach for Treating Movement Disorders*. Presented at the 17th Annual National Rehabilitation Education National Educators Conference, Anaheim, California, April 21, 2017.

Johnson P. *Relaxation training for treating symptoms of Parkinson's disease*. Presented to a Parkinson's disease support group, Desert Springs Gracious Retirement Living, Tucson, Arizona, March 15, 2017.

Shaw, L. R., Hartley, M. & Johnson, P. *CRCC Code of Ethics: Top changes to the 2017 Code of Ethics*. Presented to Arizona Rehabilitation Services employees, Tucson, Arizona, December 15, 2016.

Johnson, P. R. *Relaxation Therapy for Treating Symptoms of Parkinson's Disease*. Presented at the Center for Neurosciences, Tucson, Arizona, October 11, 2016.

Johnson, P. R., & Matei, P. G. *A Treatment Protocol for Management of Dyskinesia and Akinesia*. Poster session to be presented at the 16th Annual National Rehabilitation Education National Educators Conference, Newport Beach, California, April 22, 2016.

Johnson, P. R. *Progressive Neural Emotional Therapy Case Study: Rectifying Maladaptive Responses to "Frustration."* Presented at the International Behaviorology Institute 25th Behaviorology Anniversary Convention, Tucson, Arizona, May 30, 2013.

Chou, C., Johnson, L., Chronister, J., Robbs, J., Shamburger-Rosseau, A., & Johnson, P. *Family Support for People Participating in Residential Substance Abuse Programs.* Presented at the 13th Annual National Rehabilitation Education National Educators Conference, San Francisco, California, April 18, 2013.

Chou, C., Johnson, L., Chronister, J., Shamburger-Rosseau, A., Johnson, P., & Robbs, J. *How to be Supportive of Family Members with Substance Abuse.* Presented at the 13th Annual National Rehabilitation Education National Educators Conference, San Francisco, California, April 18, 2013.

Johnson, P. R. *Some Behavioral Complexities in a Case Study.* Presented at the International Behaviorology Institute 25th Behaviorology Anniversary Convention, Columbus, Ohio, August 2, 2012.

Johnson, P. R. *A Behaviorological Approach to Management of Neuroleptic-Induced Tardive Dyskinesia: Progressive Neural Emotional Therapy.* Presented at the International Behaviorology Institute 24th Behaviorology Anniversary Convention, Denver, Colorado, May 30, 2011.

Johnson, P. R. *Psychotropic Drugs and Aging.* Presented at the 2010 Behavioral Health and Older Adults Conference, Tucson, Arizona, February 12, 2010.

Johnson, P. R. *A Behavioral Approach to Management of Neuroleptic-Induced Tardive Dyskinesia: Progressive Relaxation Training.* In-service training at Pima Health System Education & Training Center, Tucson, Arizona, May 8, 2009.

Johnson, P. R. *A Review of Polypharmacy Practices for Persons with Developmental Disabilities.* Presented at the Western Region Conference of the American Mental Health Counselors Association, Scottsdale, Arizona, April 5, 2008.

Johnson, P. R. *A Review of Polypharmacy Practices for Persons with Developmental Disabilities.* Presented at the National Rehabilitation Association Annual Training Conference and Exhibition Showcase, Tucson, Arizona, September 7, 2007.

Johnson, P. R. *Counseling Persons with Mental Retardation: A Critical Look at Polypharmacy Practices.* Poster session presented at the American Mental Health Counselors Association 2006 Annual Conference, St. Louis, Missouri, July 22, 2006.

Johnson, P. R. *Covert Sensitization for Sexual Disorders*. In-service training for probation officers and counselors at Community Provider of Enrichment Services, Inc., Tucson, Arizona, July 12, 2006.

Johnson, P. R., & Ferreira, J. B. *Counseling Persons with Autism: Applying Behavioral Relaxation Training*. Presented at the 5th Annual National Rehabilitation Educators Conference, Tucson, Arizona, February 18, 2005.

Workshops:

Johnson, P. R. (2014). *Polypharmacy: A Growing Concern*. Presented at the TACE Fall Institute, Flagstaff, Arizona, September 18, 2014.

Johnson, P. R. (2014). *Polypharmacy: A Growing Concern*. Presented at the TACE Summer Institute, Phoenix, Arizona, May 30, 2014.

Johnson, P. R. *Motivational Interviewing Workshop*. Presented to the Southern Arizona Hoarding Taskforce, Tucson, Arizona, October 18, 2013.

Johnson, P. R. *Motivational Interviewing: Theory & Practice*. Presented at the TACE Spring Institute, Phoenix, Arizona, September 26, 2013.

Johnson, P. R. *Motivational Interviewing Overview*. Presented to the Southern Arizona Hoarding Taskforce, Tucson, Arizona, July 30, 2013.

Johnson, P. R. *Motivational Interviewing: Theory & Practice*. Presented at the TACE Summer Institute, Phoenix, Arizona, May 15, 2013.

Johnson, P. R. *Motivational Interviewing: Theory & Practice*. Presented at the TACE Winter Institute, Tucson, Arizona, February 21, 2013.

Johnson, P. R. *Ethics in Action: An Overview of Basic Principles and Good Decision-Making*. Presented at the TACE Fall Institute, Flagstaff, Arizona, September 28, 2012.

Johnson, P. R. *Motivational Interviewing*. Presented to Department of Health and Human Services staff, Tohono O'odham Nation, Sells, Arizona, October 12 – 15, 2010.

Academic, Professional, and Community Affiliations:

Member, National Council on Rehabilitation Education (NCRE)

Member, American Counseling Association (ACA)

Chi Sigma Iota, Tau Alpha Chapter, 2004 – 2007

President Elect, Chi Sigma Iota, Tau Alpha Chapter, 2004 – 2005

President, Chi Sigma Iota, Tau Alpha Chapter, 2005 - 2006
Treasurer, Chi Sigma Iota, Tau Alpha Chapter, 2006 – 2007

Editor, Journal of Behaviorology, 2012 – 2014

Board Member, United Cerebral Palsy of Southern Arizona (UCPSA), 2012 – present
Board Treasurer, UCPSA, 2015 – present

Board Member, Linkages, 2014 – present
Board Secretary, Linkages 2016 – 2018t
Executive Committee member 2016 –2018

Board Member, Tucson Masterworks Chorale (TMC), 2010 – 2015, 2016 – present
Board Vice President, 2011 – 2013; 2016 – present
Board Secretary, 2013 – 2014
Board member at large, 2014 – 2016